



SLEEP WELL, LIVE BEST

REQUEST TO RELEASE PROTECTED HEALTH INFORMATION

DATE:

PATIENT NAME:

BIRTHDATE:

PHONE:

EMAIL:

LAST 4 SSN:

**Requested Information:**

- H&P
- Progress notes from the past 12 months
- All sleep consultations, progress notes, sleep studies (PSG) and CPAP compliance reports
- Cardiac studies: EKG, echocardiograms, stress tests, Holter monitoring, zio patch reports
- Consultation records from the previous 2 years
- Laboratory results from the previous 12 months

I, \_\_\_\_\_ hereby authorize and request the disclosure of all protected health information requested above to be sent to Dr. Valerie Cacho at Sleep Life Med for continuity of care.

I understand that I may be charged a reasonable fee for photocopying and/or transmittal of these records.

This authorization request will expire 1 year from the date signed and may be withdrawn at any future time.

\_\_\_\_\_  
Patient's Signature, Authorized Representative or Legal Guardian if <18yr

\_\_\_\_\_  
Date

**Please fax all requested information to 808-460-3840**