



**fax to (808) 460-3840**

## PRACTICIONER REFERRAL FORM

DATE: \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_

GENDER: \_\_\_\_\_

PHONE & EMAIL: \_\_\_\_\_

LANGUAGE SPOKEN: \_\_\_\_\_

INSURANCE CARRIER: \_\_\_\_\_

ID #: \_\_\_\_\_

SUBSCRIBER: \_\_\_\_\_

### Referral Information:

Integrative sleep medicine consultation  
(evaluation, diagnosis, testing and management)

Insomnia Therapy (only non-pharmacologic treatment provided)

Urgent request (within 2 weeks)

High risk occupation (etc. bus driver, pilot)

**\*Please note that for all Quest and HMO insurances, please attach appropriate insurance approval**

**\*Please attach any previous sleep study records**

### Diagnosis or symptoms:

Suspect obstructive sleep apnea (OSA)

Known OSA

On continuous positive airway pressure

Not on CPAP therapy

Discuss alternative therapy

Excessive daytime sleepiness

Narcolepsy

Insomnia

Parasomnias (abnormal movements when asleep)

Other: \_\_\_\_\_

## REFERRING PRACTICIONER INFORMATION

\_\_\_\_\_  
Referring Practitioner's Address, City, State, Zip

\_\_\_\_\_  
Primary Care Physician (if not referring practitioner)

\_\_\_\_\_  
Referring Practitioner's Phone

\_\_\_\_\_  
Referring Practitioner's Fax

\_\_\_\_\_  
Referring Practitioner's Business Email

\_\_\_\_\_  
**Referring Practitioner's Signature**

\_\_\_\_\_  
**Referring Practitioner's Printed Name**

\_\_\_\_\_  
**Date**